

Dear Doctor,

Thank you for choosing Valplast®, the original brand of flexible denture. Valplast® dentures have enjoyed clinical success for well over fifty years and are backed by decades of experience, innovation and quality so that you can feel confident when prescribing authentic Valplast® restorations for your patients. In order to ease your experience when working with Valplast® please follow these simple instructions for inserting, adjusting and modifying Valplast® dentures. Please detach this card and give the attached patient care guide to your new Valplast® denture wearer. Further instructions and information including demonstration videos can be found on our website at [www.valplast.com](http://www.valplast.com).

Thank you for choosing Valplast!



## How To Care For Your New Valplast Appliance

Congratulations on choosing Valplast® for your new dental restoration. Valplast® has been in wide clinical use since 1953 and is enjoyed by millions of dental patients around the world. You'll be glad to know that most patients become immediately accustomed to their comfortable and light-weight Valplast® restoration. However, you may experience a brief adjustment period, especially if you have never worn a dental appliance before. Should you experience any persistent irritation, please consult your dentist so that he or she can make necessary adjustments to your appliance.

Valplast® restorations, like your own teeth, require care and good oral hygiene. To keep your Valplast® restoration looking and feeling like new, please follow these simple directions:

Detach Here



1. Clean your Valplast® appliance regularly. Val-Clean® Concentrated Denture Cleaner will safely, quickly, and effectively maintain the cleanliness of Valplast® partials as well as other removable dental appliances. Other brands are not recommended as they will not effectively clean your Valplast appliance. Val-Clean® is easy to order by calling toll-free (888) 325-3260 or by placing your order online at [www.valclean.com](http://www.valclean.com).

2. Soak your Valplast® appliance in Val-Clean® for 10-15 minutes a day or whenever it is not being worn. If staining develops, the appliance may occasionally need to be soaked overnight.

3. Loose particles can be removed with the use of a Valplast® Sonic Denture Cleaner, or by placing the appliance under running water. Brushing a Valplast® appliance is only recommended with the special Valplast cleaning brush as other brushes may remove the polish and roughen the surface of the appliance over time.

4. Whenever possible, rinse your Valplast® appliance after eating to remove food particles.

5. Keep the partial in water or Val-Clean® whenever it is not being worn to keep the surface hydrated.

6. Remember to brush your natural teeth and gums regularly as directed by your dentist.



## Additional Tips For The Care of Your Valplast Appliance

- Cleanse the Valplast® appliance daily and keep it in water or Val-Clean® whenever it is not being worn.
- Other brands of denture cleaner are not recommended for cleaning a Valplast® appliance, as they will not effectively clean the Valplast appliance and may contain ingredients that can damage the Valplast® or its color.
- Toothpaste and toothbrushes may scratch or dull the surface of your Valplast® appliance. Be sure to remove your Valplast® restoration whenever you brush your natural teeth.
- Please keep the appliance out of reach from pets. Dogs and other pets find dental appliances to be attractive chew toys.
- Valplast® appliances are very durable and are designed to give long term performance under normal usage. Please note that the Valplast® base material will resist fracture or breakage better than the synthetic teeth that are embedded in it. Small accidents such as dropping the appliance in the sink or on the floor will not damage the Valplast®, but may cause the teeth to fracture. Please handle the appliance with care.
- Contact your dentist if you experience any discomfort from your dental restoration or if you ever have any abnormality with your natural teeth or gums.



### For Use With:

- Valplast Flexible Partial & Appliances
- Acrylic Dentures
- Partial Dentures
- Nightguards
- Athletic Mouthguards
- Retainers

### Val-Clean Concentrated Denture Cleaner

- The only recommended cleaner for Valplast Flexible Partial and appliances
- Quickly, safely, and effectively maintains the cleanliness of your dental appliances
- Long-lasting and economical
- Full range of cleaning supplies available

### Two convenient ways to order Val-Clean!

- Online at [www.valclean.com](http://www.valclean.com)
- Call toll-free 1-888-325-3260

Available through local distributors in select countries outside of the USA.

Available Through: Valplast Supply Services, Inc.  
112 Mott Street, Oceanside, NY 11572, USA  
Toll-Free: (888) 325-3260  
[www.valclean.com](http://www.valclean.com)



Patient Name \_\_\_\_\_

Date of Insertion \_\_\_\_\_

Prescribing Dentist \_\_\_\_\_

Dentist Phone \_\_\_\_\_

Valplast Lab Certificate ID # \_\_\_\_\_

Valplast Material Lot # \_\_\_\_\_

### IMPORTANT!

This Valplast appliance is under warranty. Please visit [www.valplast.com/register](http://www.valplast.com/register) to activate. Retain this certificate for your records.

### Serial Number:

**3209783E5FA74C478FD478433**

Use this unique serial number when registering your Valplast partial online or by phone.

All Valplast denture base materials made in the U.S.A. by:



Valplast International Corp.  
112 Mott Street, Oceanside, NY 11572, USA  
Tel 1 (516) 442-3923 fax 1 (516) 442-3929  
info@valplast.com [www.valplast.com](http://www.valplast.com)

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Smile With Confidence

## Working With Valplast

### First Insertion of a Valplast Denture

Valplast resin is engineered to provide exactly the right degree of strength and flexibility inside a patient's mouth. In order to facilitate a smooth first insertion of the denture it is best to simulate the conditions of the oral environment by bringing the Valplast denture up to body temperature. This may be done by immersing the denture in hot tap water for a period of 30-60 seconds before inserting it in the patient's mouth. This will give the material the same flexural modulus that it would have at body temperature and will enable the patient to adapt to their new prosthesis faster and easier. This procedure will also provide you with important information regarding the fit and comfort of the denture in the event that it may need minor adjustments.

### Adjusting a Clasp

Because material thickness and the design of a clasp play an important role in providing retention and stability to a Valplast Flexible Partial Denture, it is important to exercise caution when adjusting a Valplast clasp. In many cases it may not be necessary to adjust the thickness or gingival extension of a Valplast clasp as this could change the flexibility of the material. If a clasp fits too tight in the patient's mouth it is recommended to place the clasp in hot water for 60 seconds then bend the clasp outwards and allow it to cool down gradually to relax the elastic memory of the material. If a clasp is too loose you may use the same technique, bending the clasp inwards to tighten it.

### Other Adjustments

In some cases it may be necessary to provide minor adjustments to the denture in order to provide a better fit and comfort to the patient. This may be done by using the Valplast #13 Green Stone on a slow speed handpiece to relieve the denture surfaces and borders. A constant motion of the bur over the material contact surface will yield a very smooth surface that usually does not require repolishing.

Video demonstrations of these and other clinical recommendations are available on our website at [www.valplast.com](http://www.valplast.com).